



# Hesters Way Neighbourhood Project

www: <http://www.hwnp.org>

"...run by local people for local people..."

## Timetable - Activities and Courses Term January 2012

Course	Day	Time	Start Date	Cost	Venue
First4Skills 16—19 yr olds	Monday	9:00 - 4:30	Ongoing	www.protocolskills.co.uk	SB
Craft Club (fortnightly)	Monday	10:30 - 12:30	Ongoing	£2.50 including materials	SBCH
Crafty Sew and Sews	Monday	1:30 - 3:30	Ongoing	£3.00	SBCH
Art Class - with Graham	Monday	1:00 - 3:00	Ongoing	£5.00 for materials per term	SBYC
Samurai Martial Arts	Monday	5:30 - 8.30	Ongoing	Ring Brian Jarvis on 07971 584901	SBCH
National Autistic Society	Monday	6:30 - 8:30	Ongoing	Free	SBYC
First4Skills 16—19 yr olds	Tuesday	9:00 - 4:30	Ongoing	www.protocolskills.co.uk	SB
Tai Chi with Gillian	Tuesday	10:30 - 11:30	Ongoing	£5.00 (£3.50 concession)	SBCH
Walking Group	Tuesday	10:30 - 11:00	Ongoing	Free	JTs
Indoor Bowls	Tuesday	1:30 - 3:30	Ongoing		SBCH
Look Good - Feel Good Course	Tuesday	1:00 - 3:00	Starts 17th January 2012	*FREE (9 week placement Course)	HWCRC
Church of Christ (Worship Service)	Tuesday	4:00 - 7:00	Ongoing		SBCH
Children in Springbank - Youth Club (8-11 Yrs)	Tuesday	4:30 - 6:30	Ongoing	Free	SBYC
Bingo	Tuesday	7:00 - 8:30	Ongoing	£6.10 for six books & flyers	SBCH
First4Skills 16—19 yr olds	Wednesday	9:00 - 4:30	Ongoing	www.protocolskills.co.uk	SB
Coffee Morning Cheltenham West Timebank	Refer KPD				
Writers Group	Wednesday	10:30 - 12:00	Ongoing	FREE	HWCRC
Active Fitness - Gentle Exercise	Wednesday	10:45 - 11:45	Ongoing	£3.00 per session	SBCH
Cheltenham West Neighbourhood College - Computer Club	Wednesday	10:00 - 1:00	Ongoing	£3.00 per session	HWIT
GO ON - Get on Line Computer Drop In Course	Wednesday	1:00 - 4:00	Ongoing	*FREE	HWIT
POPPS (Playtime for Older People Project)	Wednesday	2:00 - 4:00	Fortnightly	50p	SBCH
Springbank Cubs	Wednesday	6:15 - 7:45	Ongoing	FREE	SBYC
Zumba	Wednesday	6:00 - 7:00	Ongoing	£5.00 Ring Ally on 07875227549	SBCH
Line Dancing	Wednesday	7:00 - 8:30	Ongoing	£3 per class	SBCH
Infinite Tai Chi and Chi Kung	Wednesday	7:00 - 8:30	17th January	Suggested donation £3 to £7	HWCRC
First4Skills 16—19 yr olds	Thursday	9:00 - 4:30	Ongoing	www.protocolskills.co.uk	SB
GO ON Computer Drop In	Thursday	10:00 - 1:00	Ongoing	*FREE	HWIT
IT Improvers Course	Thursday	1:00 - 3:00	Starting 19th January 2012	*FREE (9 week placement Course)	HWIT
Beginners IT Course	Thursday	4:00 - 6:00	Starting 19th January 2012	*FREE (9 week placement Course)	HWIT
Samurai Martial Arts	Thursday	5:30 - 8:30	Ongoing	Ring Brian Jarvis on 07971 584901	SBCH
Young People in Springbank - Youth Club (11-14 Yrs)	Thursday	6:30 - 7:45	Ongoing	Free	SBYC
Young People in Springbank - Youth Club (14-19 Yrs)	Thursday	7:45 - 9:00	Ongoing	Free	SBYC
First4Skills 16—19 yr olds	Friday	9:00 - 4:30	Ongoing	www.protocolskills.co.uk	SB
Smart Art	Friday	10:00 - 12:30	Ongoing	Ring Graham 243525	SBYC
Improvers IT Course	Friday	10:00 - 12:00	Starting 20th January 2012	*FREE (9 week placement Course)	HWIT
Beginners IT Course	Friday	12:30 - 2:30	Starting 20th January 2012	*FREE (9 week placement Course)	HWIT
Garden Group	Friday	2:00 - 4:00	Ongoing	FREE	SBG
POPPS (Playtime for Older People Project)	Friday	2:00 - 4:00	Fortnightly	50p	HWCRC
Cheltenham West Carers	Friday	4:00 - 6:00	Every 3rd Friday	FREE	HWCRC
Fintan FC Friday night club	Friday	6:00 - 8:00	Ongoing	FREE	SBYC
Fun Dance Classes 8-12 yr olds	Friday	5:15 - 6:15	Friday September 9th	£2 per class	SBCH
Zumba	Saturday	10:00 - 11:00	Ongoing	£4.50 Ring Natalie 07927759286	SBCH
Litter Picking	Last Saturday	10:30 to 12.00	Ongoing	FREE	SBCH
"Peace in Springbank Community Service"	Last Sunday	18:00 - 17:00	Ongoing	FREE	SBCH

<b>HWCRC</b>	Hesters Way Community Resource Centre	Cassin Drive, Cheltenham, GL51 7SU
<b>JT's Cafe</b>	Hesters Way - JT's Cafe	Cassin Drive, Cheltenham, GL51 7SU
<b>HWIT</b>	Hesters Way IT Suite	Cassin Drive, Cheltenham, GL51 7SU
<b>SBYC</b>	Springbank Youth Centre	Springbank Way, Cheltenham GL51 0LG
<b>SBCH</b>	Springbank Community Hall	Springbank Way, Cheltenham GL51 0LG
<b>SBMR</b>	Springbank Meeting Room	Springbank Way, Cheltenham GL51 0LG
<b>SBG</b>	Springbank Garden	Springbank Way, Cheltenham GL51 0LG

**For more information please call:**  
**Hesters Way Community Resource Centre**  
**(01242) 521319**  
**Springbank Community Resource Centre**  
**(01242) 539088**

\* subject to terms, please call Cathy on 01242 521319